

Z-LIGHTFUL SALAD

7/31/2024

Plate: Small Bowl - COLD!

To Go: Small Clam Shell

STEP #1: INGREDIENTS

1/2 each [Spring Mix Salad Portion \(5wz.\)](#)

STEP #2: INGREDIENTS

1/4 cup [Carrot Sticks - Blanched](#)

1/4 cup [Tomatoes - Diced](#)

SET-UP / GARNISH: INGREDIENTS

Oil & Vinegar Crute

STEP 1: TO COOK

1. Lightly fill a **plastic pint cup** with lettuce from your spring mix salad portion. Do not pack the cup!
2. **Mound** the pint cup of salad mix **in the center of a cold small bowl**. **Keep the lettuce off the rim of the plate.**

STEP 2: TO COOK

1. Measure and sprinkle carrots "**coast to coast**" **evenly** over the **entire** salad. **Keep the carrots off the rim of the plate.**
2. Measure and sprinkle tomatoes "**coast to coast**" **evenly** over the **entire** salad. **Keep the tomatoes off the rim of the plate.**

SETUP / GARNISH

Reference the attached pictures for plating setup & garnishing.

1. Ladle the dressing into a ramekin and place on the rim of the plate.

