KIDS GRILLED CHICKEN STRIPS

8/30/2024 Plate: 8" Round Blue or Green Plate To Go: Small 1 Compartment with 8 oz. Squat

STEP #1: INGREDIENTS

1 each Chicken Breast - Pounded

STEP #2: INGREDIENTS

To Glaze Cooked Melted Butter for Chicken

SETUP / GARNISH

1 each Choice of Side

STEP 1: TO COOK

1. Place 1 pounded chicken breast on the grill **smooth side down at a 45 degree** angle.

NOTE: Do NOT place chicken breasts on the hottest part of the grill.

Doing so will result in a dry, tough, and stringy chicken breast.

- 2. Grill until score marks appear, then **rotate 90 degrees** on the grill. Do not flip.
- 3. Once diamond score marks are achieved, flip the chicken breast.
- 4. Allow the chicken breast to cook undisturbed until the thickest part of the chicken is firm to the touch and the juices run clear.

NOTE: DO NOT OVERCOOK!

- 5. Brush the smooth side of the chicken breast with glazing butter blend.

 NOTE: Do not use the same butter used to brush on raw items.
- 6. Cut the chicken breast in half to create 2 equal lobes, then slice the 2 lobes in half to create 4 slices.

SET UP / GARNISH

Reference the attached pictures for plating setup and garnishing.

- 1. Place the chicken strips on the right side of the plate, stacking them to achieve as much height as possible.
 - NOTE: Placed the side item centered on top of a beverage napkin on the left of half of the plate.
 - NOTE: If french fries are ordered, they will be placed directly on the left of half of the plate.
 - NOTE: If green beans are ordered, they will be placed on the sides tray and served off the plate. The chicken strips are to be placed centered on the plate.



