HUMMUS

12/14/2017

- Yield: 3.2 quarts
- Shelf Life: 4 days
- **Equipment:** Colander, can opener, scale, liquid measuring cup, dry measuring cup, measuring spoons, large Robot Coupe, sharp chopping blade, cambro, 1/6 pans with lids

Ingredients

Beans - drained
n Olive Oil
asted Pureed
on Juice
t

This is the maximum batch size

Procedure

1. Make sure the chopping blade for the large Robot Coupe is sharp.

NOTE: This blade must be sharpened weekly - more frequently if needed. This recipe cannot be done correctly with a dull blade.

- 2. Drain the garbanzo beans, and **weigh out** the specific amount needed.
- 3. Prepare one batch of ingredients in a white cambro container.

NOTE: The prep sheet will likely call for multiple batches, but only 1 batch at a time can be prepared in the large Robot Coupe.

- 4. Pour the ingredients from the cambro into the large Robot Coupe. Use a rubber spatula to scrape the corners of the cambro.
- Process until the garbanzo beans are completely pureed.
 NOTE: If the blade is dull, the mixture will not become completely smooth, and the motor may overheat.
- 6. Repeat steps 3 5 for the remaining batches.
- 7. Transfer to 1/6 pans with lids, and store refrigerated.
- 8. Label, Date, and Rotate.
- C: Off-white to pale yellow
- T: Creamy peanut butter; Not gritty or lumpy
- F/A: Roasted garlic, salt, toasted tahini, slight tart
- HR: 1/6 pan; Refrigerated
- SL: 4 days